

## **Abstract**

- Title:** Floorball – Manual for teachers at grammar schools and beginnig coaches
- Objectives:** The main goal of this thesis is to describe individual player skills including field players and goalkeepers and to describe the very basics of offensive and defensive plays. This thesis is strongly aimed on floorball basics, that appear during all age groups of students at grammar school. Every single piece of information within this thesis is usable for everyone inside floorball training process, but designated for very beginners.
- Methods:** In our thesis we used methods of theoretic knowing and information processing. Last but not least analysis, comparisob and research of Czech and international literature.
- Results:** It was created transparent handbook for teachers of primary schools and coaches. The goal of master thesis was fulfilled and partial goals as well.
- Keywords:** Floorball, coach, teacher, player, goalkeeper, student (pupil), manual, handbook